# Jeugdweds SVAZ 1 nov: Session: 1: COACH evaluation sheet for TEAM: ZOLA

**Coachinfo: Warming up from: 08:00 untill . Teamleadmeeting @ The listed starttimes are indicative!**

**PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.**

## Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:2, starttime: 09:10

**Heat: 2/3 Lane : 5 Athlete: VANDE SOMPELE HASSE** **Q-time: 01:17:55**

**PB (25m pool): 01:21.96 2370 Arendonk 21/12/2025** **PB (50m pool):** 01:17.55 **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:39.43 | | 01:21.96 | |
| | | *00:39.43* | | *00:42.53* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:3, starttime: 09:12

**Heat: 3/3 Lane : 1 Athlete: CORNEZ MAYLIE** **Q-time: 01:11:25**

**PB (25m pool): 01:10.83 Herentals 18/05/2024** **PB (50m pool):** 01:12.06 **SB:** 01:11.26 Mol 04/10/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | no time | | 01:10.83 | |
| | | *no time* | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:3, starttime: 09:12

**Heat: 3/3 Lane : 6 Athlete: VAN DEN BOSSCHE LIA** **Q-time: 01:11:59**

**PB (25m pool): 01:11.59 2370 Arendonk 21/12/2025** **PB (50m pool):** 01:10.36 **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:34.76 | | 01:11.59 | |
| | | *00:34.76* | | *00:36.83* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

# Jeugdweds SVAZ 1 nov: Session: 1: COACH evaluation sheet for TEAM: ZOLA

## Event number: 3: 100M FREESTYLE MEN 11+ — Heat:1, starttime: 09:15

**Heat: 1/5 Lane : 3 Athlete: MILLER OLIWIER** — **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | no time | | no time | |
| | *no time* | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 3: 100M FREESTYLE MEN 11+ — Heat:2, starttime: 09:17

**Heat: 2/5 Lane : 5 Athlete: VANDE SOMPELE SEP** — **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | no time | | no time | |
| | *no time* | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 3: 100M FREESTYLE MEN 11+ — Heat:3, starttime: 09:19

**Heat: 3/5 Lane : 1 Athlete: FONTANA ALESSANDRO MARIA NIC** — **Q-time: 01:13:59**

**PB (25m pool):** 01:13.59 Nijlen 18/10/2026 **PB (50m pool):** 01:14.64 **SB:** 01:13.59 Nijlen 18/10/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:34.88 | | 01:13.59 | |
| | *00:34.88* | | *00:38.71* | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 3: 100M FREESTYLE MEN 11+ — Heat:3, starttime: 09:19

**Heat: 3/5 Lane : 5 Athlete: KAHKESHAN KYAN** — **Q-time: 01:13:25**

**PB (25m pool):** no time **PB (50m pool):** 01:13.25 **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | no time | | no time | |
| | *no time* | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

# Jeugdweds SVAZ 1 nov: Session: 1: COACH evaluation sheet for TEAM: ZOLA

## Event number: 3: 100M FREESTYLE MEN 11+ — Heat:5, starttime: 09:22

**Heat: 5/5 Lane : 2 Athlete: COGURCU ARDA** — **Q-time: 00:58:39**

**PB (25m pool): 00:58.39 Nijlen 18/10/2026** **PB (50m pool):** 01:03.00 **SB:** 00:58.39 Nijlen 18/10/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:28.13 | | 00:58.39 | |
| | | *00:28.13* | | *00:30.26* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 3: 100M FREESTYLE MEN 11+ — Heat:5, starttime: 09:22

**Heat: 5/5 Lane : 6 Athlete: BETTENS LUCAS** — **Q-time: 00:59:48**

**PB (25m pool): 00:59.48 2370 Arendonk 21/12/2025** **PB (50m pool):** 00:59.97 **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:28.77 | | 00:59.48 | |
| | | *00:28.77* | | *00:30.71* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 6: 200M BREASTSTROKE MEN 11+ — Heat:1, starttime: 09:42

**Heat: 1/3 Lane : 4 Athlete: WILMSEN TIM** — **Q-time: 99:99:99**

**PB (25m pool): no time** **PB (50m pool):** no time **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 7: 100M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 09:59

**Heat: 2/2 Lane : 3 Athlete: VANDE SOMPELE JITS** — **Q-time: 01:16:61**

**PB (25m pool): 01:16.61 Tilburg 13/09/2026** **PB (50m pool):** 01:21.91 **SB:** 01:16.61 Tilburg 13/09/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:37.29 | | 01:16.61 | |
| | | *00:37.29* | | *00:39.32* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

# Jeugdweds SVAZ 1 nov: Session: 1: COACH evaluation sheet for TEAM: ZOLA

## Event number: 8: 100M BACKSTROKE MEN 11+ — Heat:2, starttime: 10:04

**Heat: 2/2 Lane : 2 Athlete: TSYBULNIAK KYRYL** — **Q-time: 01:16:41**

**PB (25m pool): 01:17.34 Mol 04/10/2026** **PB (50m pool):** 01:16.41 **SB:** 01:17.34 Mol 04/10/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:37.06 | | 01:17.34 | |
| | | *00:37.06* | | *00:40.28* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:1, starttime: 10:16

**Heat: 1/2 Lane : 1 Athlete: VANDE SOMPELE HASSE** — **Q-time: 99:99:99**

**PB (25m pool): no time** **PB (50m pool):** no time **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 11: 200M MEDLEY MEN 11+ — Heat:1, starttime: 10:24

**Heat: 1/3 Lane : 4 Athlete: OZTURK BURAK** — **Q-time: 99:99:99**

**PB (25m pool): no time** **PB (50m pool):** no time **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 11: 200M MEDLEY MEN 11+ — Heat:1, starttime: 10:24

**Heat: 1/3 Lane : 5 Athlete: KAHKESHAN KYAN** — **Q-time: 99:99:99**

**PB (25m pool): no time** **PB (50m pool):** no time **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Jeugdweds SVAZ 1 nov: Session: 1: COACH evaluation sheet for TEAM: ZOLA

## Event number: 11: 200M MEDLEY MEN 11+ — Heat:3, starttime: 10:32

**Heat: 3/3 Lane : 2 Athlete: COGURCU ARDA** — **Q-time: 02:37:81**

**PB (25m pool): 02:37.81 2370 Arendonk 21/12/2025** **PB (50m pool):** 02:36.84 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:32.92 | | no time | | no time | | 02:37.81 |
| | | *00:32.92* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 11: 200M MEDLEY MEN 11+ — Heat:3, starttime: 10:32

**Heat: 3/3 Lane : 3 Athlete: NAEGELS REZA** — **Q-time: 02:26:34**

**PB (25m pool): 02:26.34 Mol 04/10/2026** **PB (50m pool):** 02:41.93 **SB:** 02:26.34 Mol 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:31.45 | | 01:09.61 | | 01:52.81 | | 02:26.34 |
| | | *00:31.45* | | *00:38.16* | | *00:43.20* | | *00:33.53* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 11: 200M MEDLEY MEN 11+ — Heat:3, starttime: 10:32

**Heat: 3/3 Lane : 4 Athlete: BETTENS LUCAS** — **Q-time: 02:28:32**

**PB (25m pool): 02:28.32 2370 Arendonk 21/12/2025** **PB (50m pool):** 02:33.08 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:34.02 | | no time | | no time | | 02:28.32 |
| | | *00:34.02* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 13: 200M FREESTYLE MEN 11+ — Heat:1, starttime: 11:02

**Heat: 1/2 Lane : 2 Athlete: VANDE SOMPELE SEP** — **Q-time: 99:99:99**

**PB (25m pool): no time** **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Jeugdweds SVAZ 1 nov: Session: 1: COACH evaluation sheet for TEAM: ZOLA

## Event number: 14: 100M BREASTSTROKE WOMEN 11+ — Heat:1, starttime: 11:09

**Heat: 1/1 Lane : 2 Athlete: CORNEZ MAYLIE** — **Q-time: 01:35:62**

**PB (25m pool): 01:35.62 2370 Arendonk 21/12/2025** **PB (50m pool):** 01:40.82 **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:44.88 | | 01:35.62 | |
| | | *00:44.88* | | *00:50.74* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 14: 100M BREASTSTROKE WOMEN 11+ — Heat:1, starttime: 11:09

**Heat: 1/1 Lane : 3 Athlete: VANDE SOMPELE JITS** — **Q-time: 01:21:73**

**PB (25m pool): 01:21.73 Mol 04/10/2026** **PB (50m pool):** 01:23.90 **SB:** 01:21.73 Mol 04/10/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:39.01 | | 01:21.73 | |
| | | *00:39.01* | | *00:42.72* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 15: 100M BREASTSTROKE MEN 11+ — Heat:1, starttime: 11:12

**Heat: 1/3 Lane : 2 Athlete: WILMSEN TIM** — **Q-time: 99:99:99**

**PB (25m pool): no time** **PB (50m pool):** no time **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | no time | | no time | |
| | | *no time* | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 15: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 11:17

**Heat: 3/3 Lane : 4 Athlete: NAEGELS ELI** — **Q-time: 01:18:89**

**PB (25m pool): 01:26.07 Tilburg 13/09/2026** **PB (50m pool):** 01:32.65 **SB:** 01:26.07 Tilburg 13/09/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:39.67 | | 01:26.07 | |
| | | *00:39.67* | | *00:46.40* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

# Jeugdweds SVAZ 1 nov: Session: 1: COACH evaluation sheet for TEAM: ZOLA

## Event number: 15: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 11:17

**Heat: 3/3 Lane : 5 Athlete: NAEGELS REZA** — **Q-time: 01:19:48**

**PB (25m pool):** 01:19.48 Tilburg 13/09/2026 **PB (50m pool):** 01:22.81 **SB:** 01:19.48 Tilburg 13/09/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:37.19 | | 01:19.48 | |
| | | *00:37.19* | | *00:42.29* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 17: 200M BACKSTROKE MEN 11+ — Heat:1, starttime: 11:27

**Heat: 1/1 Lane : 5 Athlete: FONTANA ALESSANDRO MARIA NIC** — **Q-time: 03:34:62**

**PB (25m pool):** no time **PB (50m pool):** 03:34.62 **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 18: 100M BUTTERFLY WOMEN 11+ — Heat:2, starttime: 11:34

**Heat: 2/2 Lane : 5 Athlete: VAN DEN BOSSCHE LIA** — **Q-time: 01:26:94**

**PB (25m pool):** no time **PB (50m pool):** 01:26.94 **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | no time | | no time | |
| | | *no time* | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 19: 100M BUTTERFLY MEN 11+ — Heat:2, starttime: 11:38

**Heat: 2/2 Lane : 1 Athlete: OZTURK BURAK** — **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | no time | | no time | |
| | | *no time* | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

# Jeugdweds SVAZ 1 nov: Session: 1: COACH evaluation sheet for TEAM: ZOLA

## Event number: 19: 100M BUTTERFLY MEN 11+ — Heat:2, starttime: 11:38

**Heat: 2/2 Lane : 4 Athlete: TSYBULNIAK KYRYL** — **Q-time: 01:14:67**

**PB (25m pool): 01:14.67 Tilburg 13/09/2026** **PB (50m pool):** 01:19.80 **SB:** 01:14.67 Tilburg 13/09/2026

| | 25M | 50M | 75M | 100M | |
|---|---|---|---|---|---|
| PB | | 00:33.17 | | 01:14.67 | |
| | | *00:33.17* | | *00:41.50* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 21: 400M FREESTYLE MEN 11-14 — Heat:1, starttime: 11:55

**Heat: 1/3 Lane : 4 Athlete: MILLER OLIWIER** — **Q-time: 99:99:99**

**PB (25m pool): no time** **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100M | 125M | 150M | 175M | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |
| | **225M** | **250M** | **275M** | **300** | **325** | **350** | **375** | **400M** |
| PB | | no time | | no time | | no time | | no time |
| | | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback: